

PARENTS MAY PRE-PAY FOR STUDENTS LUNCHES BY THE WEEK OR MONTH

# PITT COUNTY

# FEBRUARY 2012 LUNCH

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>NOTICE: This information should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.</p>		<p><b>1</b> Hot Dog on Bun 21 w/ Chili 2 Fish w/ Cheese on Bun 36 Baked French Fries 18 Baked Beans 34 Chilled Pineapple 17 Chilled Apricots 17 Milk</p>	<p><b>2</b> Ham &amp; Cheese Wrap 26 Scoopin' Tacos 24 Pinto Beans 18 Sweet Potato Wedges 24 Chilled Fruit Mix 19 Peach Cup 30 Milk</p>	<p><b>3</b> Roast Turkey in Gravy w/ Brown Rice 28 Cheeseburger on Bun 24 Garden Peas 12 California Blend Vegetables w/ Cheese Sauce 6 Jiggly Fruit 21 Chilled Pears 20 Milk</p>
<p><b>6</b> Oven Roasted Chicken 1 w/ Wheat Roll 16 Barbecue on Bun 25 w/ Slaw 1 Garden Peas 12 Sweet Potato Soufflé 70 Fresh Apple Slices 8 Chilled Peaches 17 Milk</p>	<p><b>7</b> Pepperoni Pizza 27 Fish Nuggets 19 w/ Corn Muffin 29 Baked French Fries 18 Broccoli Salad 31 Corn 17 Banana 23 Milk</p>	<p><b>8</b> <u>GRAB &amp; GO</u> Turkey &amp; Cheese on Bun 27 Fresh Baby Carrots 5 w/ Dip 4 Fresh Apple Slices 8 Reduced Fat Cookie 19 Milk  <u>EARLY RELEASE DAY</u></p>	<p><b>9</b> Spanish Beef and Rice 29 Chicken Quesadilla 35 w/ Salsa 4 Steamed Broccoli Florets w/ Cheese Sauce 6 Lima Beans 26 Chilled Peaches 17 Cherry Crisp 35 Milk</p>	<p><b>10</b> Hot Dog on Bun 21 w/ Chili 2 Chicken Tenders 14 w/ Wheat Roll 16 Baked French Fries 18 Coleslaw 5 Baked Beans 34 Chilled Pineapple 17 Milk</p>
<p><b>13</b> Chicken Fajita Strips w/ Gravy 6 Teriyaki Beef Dippers 6 Lima Beans 26 Fresh Baby Carrots 5 w/ Dip 4 Chilled Pineapple 17 Spiced Apples 11 Rice 28 Milk</p>	<p><b>14</b> Asian Popcorn Chicken 19 w/ Wheat Roll 16 Cheese Sticks 30 w/ Dipping Sauce 9 Steamed Broccoli Florets 5 Sweet Potato Wedges 24 Chilled Pears 20 Chilled Apricots 17 Milk</p>	<p><b>15</b> Baked Corn Dog 33 Baked Spaghetti 32 w/ Wheat Breadstick 19 Green Beans 5 California Blend Vegetables w/ Cheese Sauce 6 Chilled Fruit Mix 19 Granny Smith Apple Slices 8 Milk</p>	<p><b>16</b> Mac and Cheese 32 Chicken Filet Sandwich 32 Garden Peas 12 Sweet Potato Soufflé 70 Chilled Peaches 17 Jiggly Fruit 21 Milk</p>	<p><b>17</b> Roast Turkey in Gravy w/ Dressing 25 Cheeseburger on Bun 24 Mashed Potatoes 15 Collard Greens 3 Chilled Applesauce 13 Pear Crisp 47 Wheat Roll 16 Milk</p>
<p><b>20</b> Pepperoni Pizza 27 Chicken Filet Sandwich 32 Baked French Fries 18 Garden Peas 12 Chilled Peaches 17 Fresh Apple Slices 8 Milk</p>	<p><b>21</b> Pork Tips in Gravy 1 w/ Brown Rice 26 Manager's Selection Lima Beans 26 Black-eyed Peas 15 Chilled Pears 20 Fresh Tangerine Wedges 13 Milk</p>	<p><b>22</b> Baked Mini Corn Dogs 32 Grilled Cheese Sandwich 29 Green Beans 5 Beef Vegetable Soup 8 Chilled Applesauce 13 Cherry Crisp 35 Milk</p>	<p><b>23</b> Baked Chicken Nuggets 12 Beefaroni 19 Garden Salad 2 Collard Greens 3 Chilled Fruit Mix 19 Spiced Apples 11 Wheat Breadstick 19 Milk</p>	<p><b>24</b> BBQ Chicken 33 w/ Wheat Roll 16 Cheese Sticks 30 w/ Dipping Sauce 9 Mashed Potatoes 15 Steamed Cabbage 6 Chilled Apricots 17 Jiggly Fruit 21 Milk</p>
<p><b>27</b> Chicken Tenders 14 w/ Wheat Breadstick 16 Quesadilla Cheese Con Queso 29 w/ Salsa 4 Sweet Potato Wedges 24 Pinto Beans 18 Cherry Crisp 35 Frozen Juice Bar 21 Milk</p>	<p><b>28</b> Pepperoni Pizza 27 Chili 19 w/ Goldfish Crackers 14 Broccoli w/ Cheese Sauce 6 Corn 17 Chilled Applesauce 13 Peach Cup 30 Milk</p>	<p><b>29</b> Oven Roasted Chicken 1 w/ Wheat Roll 16 Barbecue on Bun 25 w/ Slaw 1 Garden Peas 12 Sweet Potato Soufflé 70 Fresh Apple Slices 8 Chilled Apricots 17 Milk</p>	<p><u>Healthy Milk Selections:</u> 1% Strawberry Milk 31 Chocolate Skim Milk 24 Skim Milk 11 1% Milk 12</p> <p>*Menu is subject to change due to availability of foods.</p>	

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