

Physical Therapist Contact Information

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Physical
Therapy
Pitt County Schools

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Physical Therapy is a therapeutic service designed to address the functional needs of a student as they relate to overcome educational deficits resulting from a physical

or motor disability and to benefit from educational opportunities. This enables the student to develop to maximum motor and learning potential and to benefit from special education in the least restrictive environment.

Students Served

School based Physical Therapists follow guidelines under the exceptional children's department. We serve children ranging from pre-school to high school age (3 to 21 years). Students must be identified as an exceptional child to receive physical therapy as a related service.

Types of Therapy Service

- ▯ Direct Service- The therapist intervenes directly with the student, usually in a one-to-one setting.
- ▯ Consultative Service- The therapist intervenes indirectly with the student, teacher and related staff

members to oversee progression of skills.

- ▯ Case Consultation Service- The therapist provides student observations/assessment for successful strategies at school, environmental modifications, and equipment needs.

Educational Model of Practice

Physical therapists provide services to children with exceptional educational needs and to assist educational staff when children require physical therapy to benefit from their special education program. Physical therapists work to improve, develop, restore, or maintain a child's motor function in educational environments. Therapy is based off of the specific child's educational needs not his/ her medical diagnosis.

Areas of Assessment

- ▯ Neuromuscular Abilities
 - Muscle Tone
 - Joint Range of Motion
 - Muscle Strength
- ▯ Gross Motor Skills

- Sitting Abilities/Posture/Position
- Transfer Abilities
- Mobility

- ▯ Motor Play Skills
- ▯ Functional Performance
 - Classroom/ Cafeteria/ Playground/ Specials
- ▯ Equipment
- ▯ Environmental Modifications

Physical Therapy Treatment Services Encompass:

- ▯ Strength and Endurance
- ▯ Coordination and Balance
- ▯ Transitioning Skills
- ▯ Mobility—Level/ Unlevel terrain
- ▯ Motor Play Skills
- ▯ Equipment Assessment/ Needs/ Maintenance