

Boys Basketball Pre-Season Workouts Schedule

*** Attendance to these workouts do NOT determine making the team. These are meant to help prepare you. ***

Date	Time & Location
Wednesday, October 5 th	5:30-7:00pm @ Hope Gym
Wednesday, October 12 th	5:30-7:00pm @ Hope Gym
Wednesday, October 19 th	5:30-7:00pm @ Hope Gym

1. Workouts are open to any Hope male student (6th, 7th, and 8th) that is not on a current school sport team (Hope Sports Team). These are not mandatory
2. You must have a current physical to attend these workouts, no exceptions. You will not be allowed to attend without a physical. You must bring a copy of your physical on October 5th to the workout.