

# The Exceptional Children's Department is hosting a parent workshop in Community Resiliency Model (CRM)



CRM's goal is to help to create "trauma-informed" and "resiliency-focused" communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using this skills-based approach.

**For questions, contact  
Cindy Arriagada  
252.695.7961  
arriagc@pitt.k12.nc.us**

Workshop  
taught by Dr.  
Mathews from  
ECU

April  
12th@6:30pm  
Kathy Taft  
Center  
2010 Allen  
Rd, Greenville,  
NC 27834