



Menus for PreK-8th May 2025

**Pitt County
Schools
Nutrition Services**

This institution is
equal opportunity
provider.

Wednesday, May 7

Breakfast

Mini Pancakes
Craisins

Lunch

Beefaroni
Mini Corn Dogs
Steamed Corn
Chopped Romaine
Salad
Strawberry Cups

Thursday, May 8

Breakfast

Turkey Sausage
Pancake on a Stick
Mandarin Orange
Cup

Lunch

Chicken Chunks w/
Dutch Waffle
Cheeseburger/
Hamburger
Texas Ranchero
Beans
Mashed Potatoes
Frozen Fruit Cup

Friday, May 9

Breakfast

Froot Loop Waffle
Tropical Raisels

Lunch

Cheese or
Pepperoni Pizza
Chef Entrée
Choice
Sweet Potato
Waffle Fries
Cheesy Spinach
Mandarin Orange
Cup

Thursday, May 1

Breakfast

Powdered Mini
Doughnuts
Mandarin Orange
Cup

Lunch

Chicken Chunks
Baked Spaghetti
Breadstick
Caesar Salad
Sweet Potato
Waffle Fries
Froot Jooce

Friday, May 2

Breakfast

Large Muffin
Tropical Raisels

Lunch

Cheese or
Pepperoni Pizza
Chef Entrée
Choice
California Blend w/
Cheese
Green Beans
Mandarin Orange
Cup

Monday, May 5

Breakfast

Banana or Lemon
Bread
Applesauce Cup

Lunch

French Toast Sticks
Scrambled Eggs
Yogurt Cup
Cheese Stix
Marinara Sauce
Deli Roasted
Potatoes
Green Beans
Banana

Tuesday, May 6

Breakfast

Cinnamon Toast
Crunch
Fresh Orange

Lunch

Chicken Filet
Sandwich
Salisbury Steak w/
Brown Rice
Maple Roasted
Sweet Potatoes
Collards
Grapes

Queen for a Day!



Mother's Day 🍷 Sunday, May 11

Monday, May 12

Breakfast

Cinnamon Roll
Applesauce Cup

Lunch

Popcorn Chicken
Biscuit
Veggie Burger
Baby Carrots
Mashed Potatoes
Banana

Tuesday, May 13

Breakfast

Turkey Ham &
Cheese Croissant
Fresh Apple

Lunch

Sweet Thai
Chicken w/ Rice
Mini Corn Dogs
Sweet Potato
Waffle Fries
Broccoli w/ Cheese
Pineapple Tidbits

GOING NATURAL?

There's no legal definition of the word "natural"
on a food label. So it doesn't really
mean much at all. To truly "go
natural," eat lots of
whole foods



(like fruits,
veggies, nuts, beans,
lean protein) that don't have
any other ingredients at all -- naturally.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Wednesday, May 14

Breakfast

Strawberry Mini
Bagels
Craisins

Lunch

Buffalo Chicken
Pasta w/ Roll
Bacon or Regular
Cheeseburger
French Fries
Green Beans
Fresh Apple

Thursday, May 15

Breakfast

Texas Apple Cinn
Toast
Mandarin Orange
Cup

Lunch

Chicken or Pork
Barbecue on a
Bun
Cheese Stix
Marinara Sauce
Coleslaw
Baked Beans
Diced Peaches

Friday, May 16

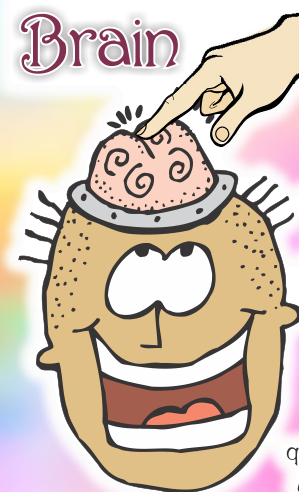
Breakfast

Super Donut
Tropical Raisels

Lunch

Cheese or
Pepperoni Pizza
Chef Entrée
Choice
Corn
Sweet Potato
Souffle
Applesauce Cup

Brain Ticklers

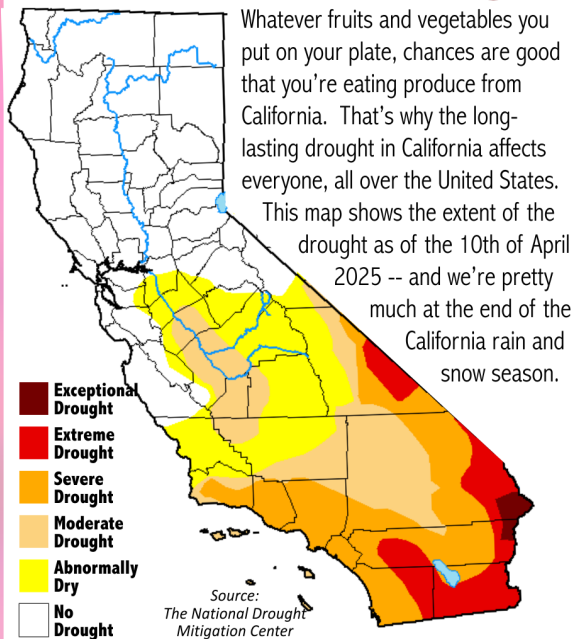


If a man builds a
house with all 4
sides facing south,
and a bear walks
by the house, what
color is the bear?

(Hold the page upside
down and read it in a
mirror for the answer!)
The house is built
on the north pole.
With white.



When California is dry, we're all in a drought



Percentages of U.S. production that comes from California:

Walnuts 99%	Garlic 95%
Almonds 99%	Strawberries 92%
Artichokes 99%	Grapes 91%
Pistachios 98%	Tomatoes 90%
Kiwis 97%	Cauliflower 89%
Plums 97%	Lettuce 74%
Broccoli 95%	Spinach 71%
Celery 95%	Carrots 69%

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, May 19

Breakfast
Mini Cinnis
Applesauce Cup

Lunch
Cheese Stix w/
Marinara Sauce
Beef & Broccoli w/
Brown Rice
Steamed Broccoli
Glazed Carrots
Banana

★ OUR NATION'S HISTORY ★

The Last Battle of the Civil War: Palmetto Ranch, by Jeffrey W. Hunt

The American Civil war did not end in April 1865 with General Lee's surrender to General Grant in Virginia. A larger Confederate army surrendered in North Carolina several weeks later. And the final battle of the bloodiest war in American history didn't take place until May 1865, 150 years ago this month, at Palmetto Ranch, Texas, near the Mexican border. Ironically, this last engagement was a victory for the Confederate forces despite their losing the war!

★ WITH LIBERTY & JUSTICE FOR ALL ★

Tuesday, May 20

Breakfast
Sausage Biscuit
Banana

Lunch
Scoopin Beef
Tacos with Tostito
Chicken Quesadilla
Salsa
Corn
Fiesta Black Beans
Fresh Apple

Wednesday, May 21

Breakfast
French Toast
Sticks
Craisins

Lunch
Grilled Cheese
Sandwich
Beef Hot Dog
French Fries
Baked Beans
Frozen Fruit Cups

Thursday, May 22

Breakfast
Powdered Mini
Doughnuts
Mandarin Orange
Cup

Lunch
Chicken Chunks
Baked Spaghetti
Garlic Breadstick
Caesar Salad
Sweet Potato
Waffle Fries
Froot Jooce
Freeze

Friday, May 23

Breakfast
Large Muffin
Tropical Raisels

Lunch
Cheese or
Pepperoni Pizza
Chef Entrée
Choice
California Blend w/
Cheese
Green Beans
Mandarin Orange
Cup

Monday, May 26



Tuesday, May 27

Breakfast
Cinnamon Toast
Crunch
Fresh Orange

Lunch
Chicken Filet
Sandwich
Salisbury Steak
Brown Rice
Roasted Sweet
Potato
Collards
Grapes

Wednesday, May 28

Breakfast
Mini Pancakes
Craisins

Lunch
Beefaroni
Mini Corn Dogs
Corn
Chopped Romaine
Salad
Strawberry Cups

Thursday, May 29

Breakfast
Turkey Sausage
Pancake on a Stick
Mandarin Orange
Cup

Lunch
Chicken Chunks w/
Dutch Waffle
Cheeseburger
Hamburger
Texas Ranchero
Beans
Mashed Potatoes
Frozen Fruit Cup

Friday, May 30

Breakfast
Froot Loop Waffle
Tropical Raisels

Lunch
Cheese or
Pepperoni Pizza
Chef Entrée
Choice
Sweet Potato
Waffle Fries
Broccoli w/ Cheese
Mandarin Orange
Cup

